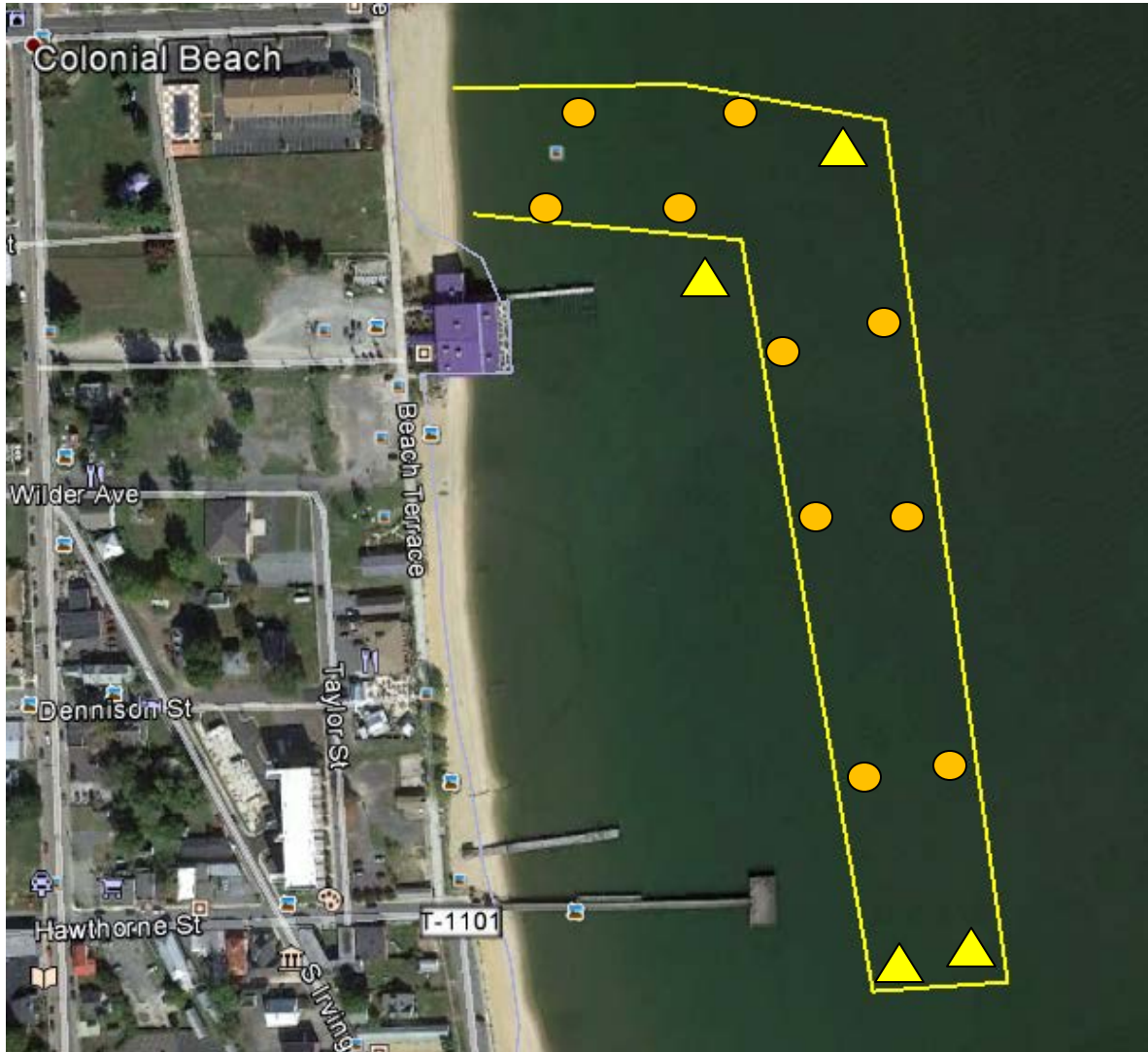


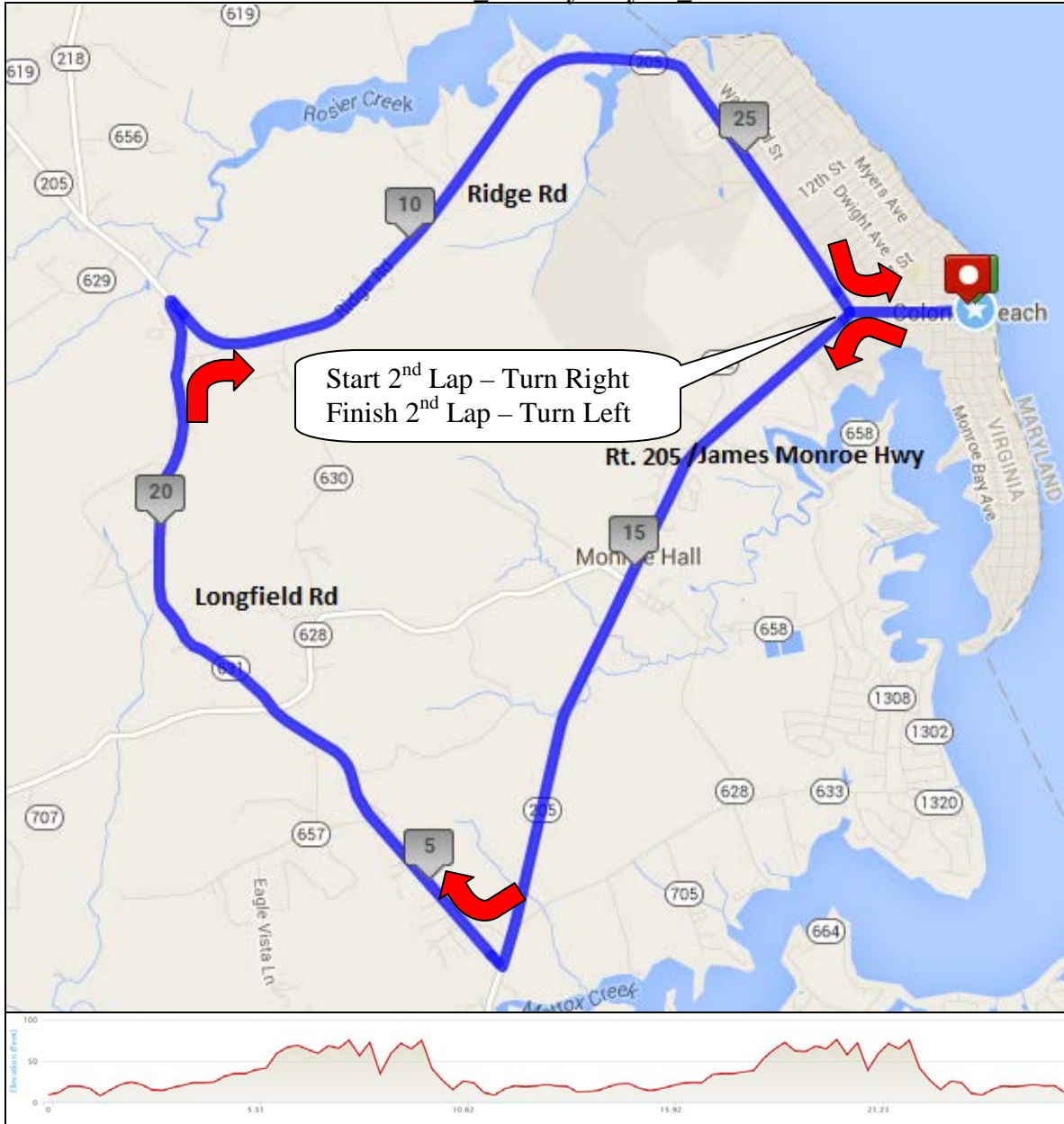
Colonial Beach Triathlon Swim Course_1500 Meters



Course is approximate. Swim direction can be reversed due to current/tide situation.

- Yellow buoys are turn buoys – You must go around these in the corners!
- Orange buoys are for sighting only – You may go on either side of the orange buoys.
- If you need assistance, relax, roll on your back, place your hand in the air and our team will come to you.

Colonial Beach Triathlon Bike Course Sunday July 12 27 Miles



Colonial Beach Triathlon International Run Course Sunday 6.2 Miles

