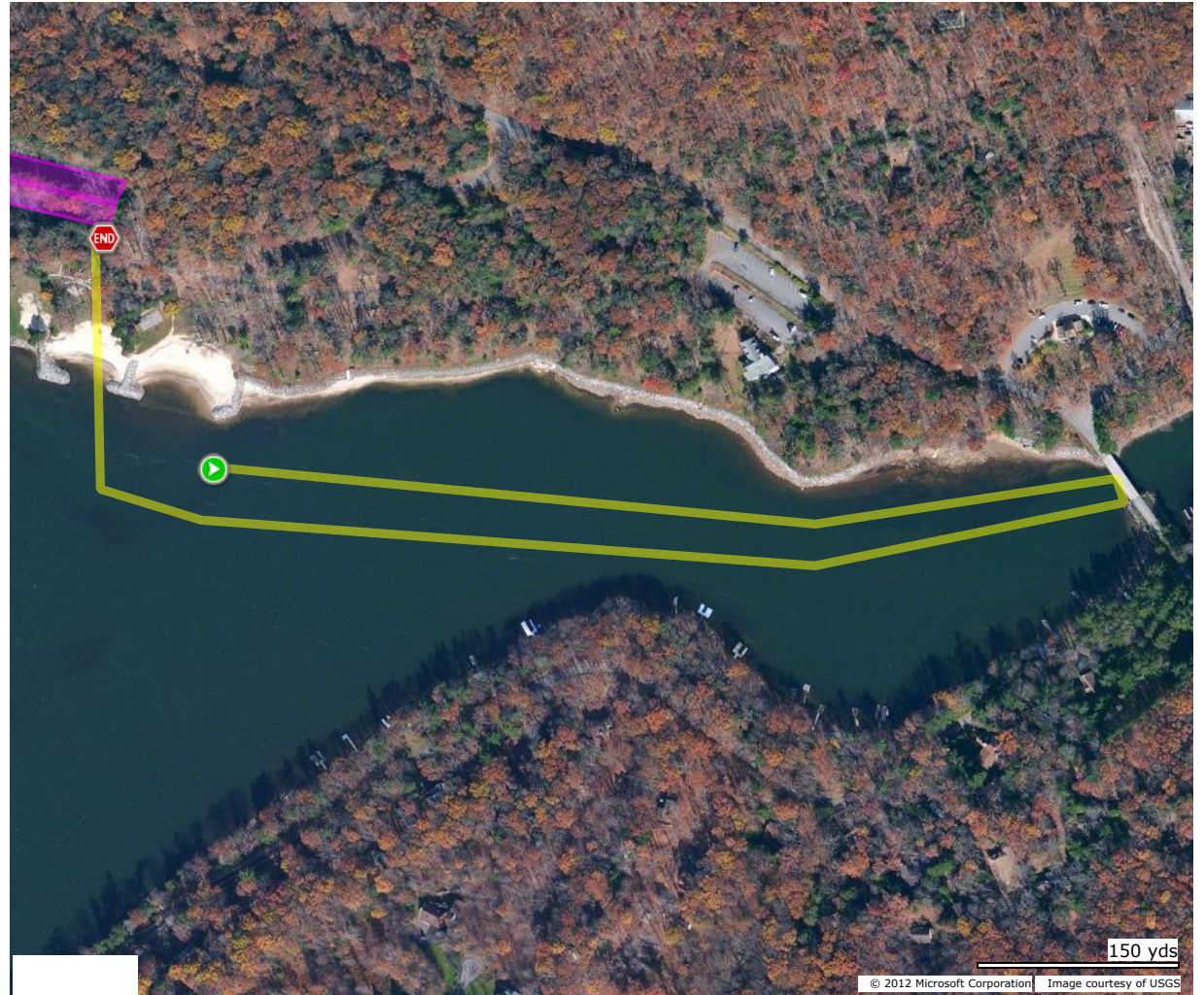


SavageMan 30.0 Triathlon Swim Course - 0.93 Miles

Printable Map and Cue Sheet - Print in Landscape Mode

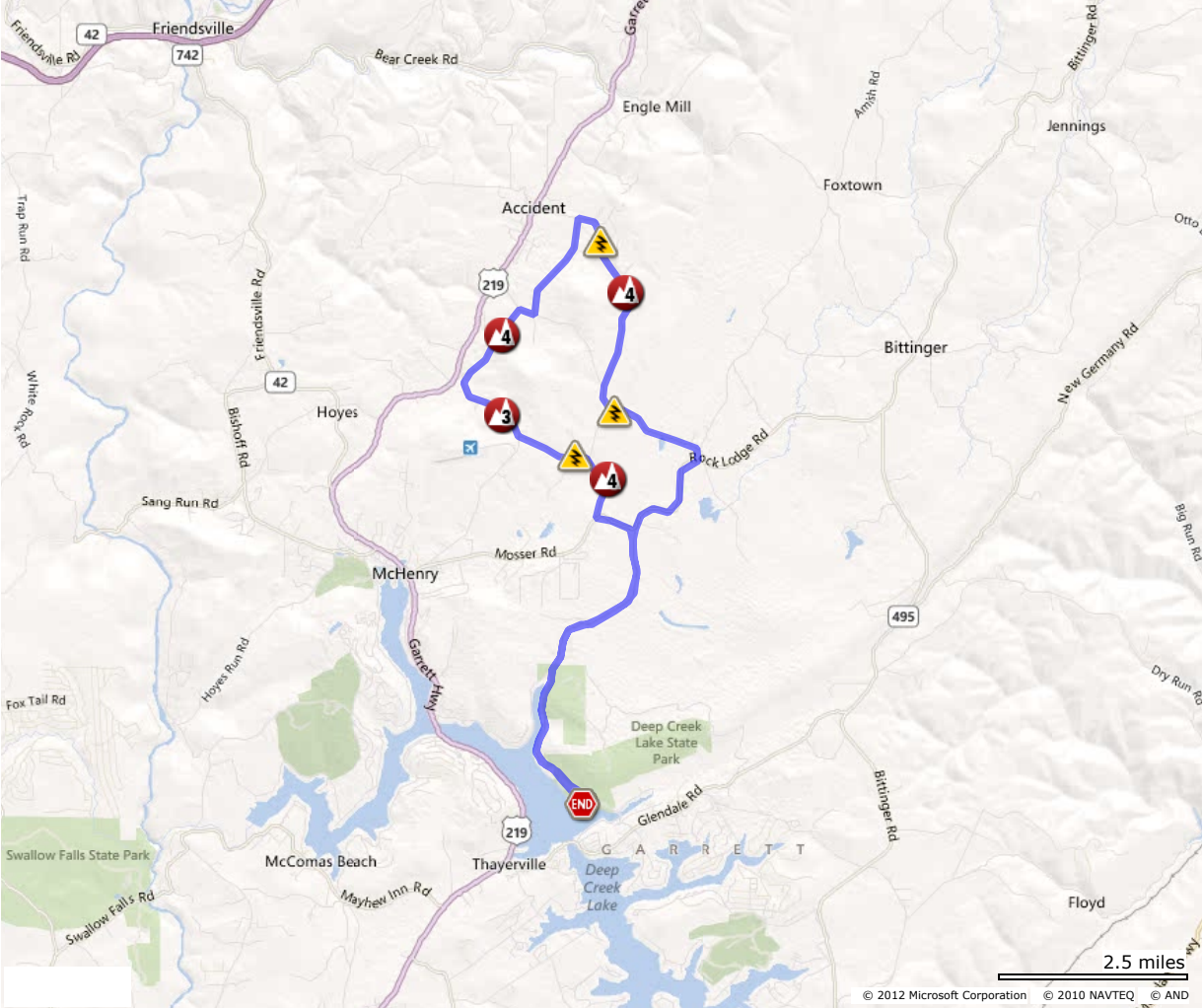


Total	Distance	Directions
0.0	0.0	In-water start at south beach heading southeast towards State Park Rd bridge. Buoys to right at all times
0.46	0.46	Turnaround at inflatable turtle at State Park Rd bridge
0.92	0.92	Right at buoy in front of North Beach to Swim Exit
0.93	0.01	Swim exit on North Beach

SavageMan 30.0 Triathlon Bike Course - 22.9 Miles

Printable Map and Cue Sheet - Print in Landscape Mode

Total	Distance	Directions
0.00	0.00	Depart T1 towards Waterfront Way
0.10	0.10	Right: Waterfront Way
0.32	0.22	Left: State Park Rd
2.53	2.21	Right: Rock Lodge Rd
6.71	4.18	Left: Accident-Bittinger Rd
11.29	4.58	Left: Brethren Church Rd
12.78	1.49	Right: Aiken Miller Rd
13.00	0.22	Left: Spear Rd
14.19	1.19	Left: Bumble Bee Rd
15.39	1.20	Left: Negro Mountain Rd
16.43	1.04	Right: Foy Rd
17.48	1.05	Left: Mosser Rd
18.06	0.58	Right: Rock Lodge Rd
20.59	2.53	Left: State Park Rd
22.26	1.67	Right: Waterfront Way / After hours boat ramp
22.36	0.10	Straight: Through Upper Parking
22.66	0.30	Right: To transition area
22.86	0.10	Arrive at: Transition area



SavageMan 30.0 Triathlon Run Course - 6.2 Miles

Printable Map and Cue Sheet - Print in Landscape Mode

Total	Distance	Directions
0	0	Depart T2 on gravel road towards Discovery Center
0.1	0.1	Aid Station #1 outside transition
0.26	0.16	Bear right behind Discovery Center to trail around Center
0.34	0.08	Right on trail parallel State Park Rd
0.4	0.06	Right on State Park Rd
0.44	0.03	Left on Brant Road
0.91	0.47	"Happy Endings" turnaround on Brant Rd
1.3	0.39	Right on Campground Rd at Aid Station #2
1.69	0.4	Left at Campgrounds 98-101 branch; courses diverge
1.76	0.07	Left on Campground road; courses merge
2.14	0.38	Right on Brant Rd at Aid Station #2
2.2	0.06	Right on State Park Rd
3.29	1.09	Aid #3 on State Park Road at Brant Mine Trailhead
4.07	0.78	Right on Thayerville Fire Tower Road
4.38	0.32	Fire Tower turnaround in clearing at Aid Station #4
4.7	0.32	Left on State Park Road
5.41	0.71	Right on Meadow Mountain Lane
5.69	0.27	Straight at end of road on short trail
5.71	0.02	Right onto Boat Ramp road
5.82	0.11	Straight past boat ramps onto gravel path
6.15	0.34	Right through finish chute towards Finish Line
6.2	0.05	Finish Line

