How to register for an Aquabike event on <u>www.vtsmts.com</u> via Run Sign Up!

KINETICHALF

DATE: Saturday, May 9, 2015 PLACE: Lake Anna State Park - Spotsylvania, VA DISTANCE: 1.2 Mile Swim (lake); 56 Mile Bike

Register!

(rolling); 13.1 Mile Run (rolling) AQUABIKE: Yes (Find it on the Race Category Page)

Register until Tuesday at 8:00PM Course Maps | Directions | Participant List

- 1. You must have an Account/Profile on www.runsignup.com
- 2. Go to the Event page and verify that the event has an Aquabike category!
- 3. This information can be found on the Event Page on the Top Left Corner Section of the Event Page!

😭 Constant Contact Login 🕤 http://setupevents.co... 👔 http://www.facebook... 🍸 http://www.facebook... 🍸 http://www.facebook... 🦉 Virginia-Maryland Triathion Series

C Q Search

0000

Race Policies Packet Pickup Lodging Training Novice Athletes Volunteer
The Kinetic Half is the first half-Iron distance event of the season in the mid-Atlantic region and is stage
out of beautiful Lake Anna State Park. A one loop swim, one loop bike and a 3 loop run make for an

extremely exciting and spectator friendly day! The water temperature should be in the mid 60's.

Kinetic Half (Lake Anna, VA) - May 9, 2015

f 🎽

Step by Step Instructions

be located HERE if the Event Does NOT have an Aqua Bike Category it will simply say NO here

If the Event has an Aqua Bike Category it will

1. Check to see if the

event has an Aqua

Bike Category

2. Sign in to your

account/ create

account

Sign into your Run Sign Up Account/Profile

Eile Edit View History Bookmarks Tools Help

× 🕅 Kinetic Half (Lake Anna, V... 🗴

tichalf

VIRGINIA

TIME: 7:00 AM

RunSignUp

< 🛅 🔒 https://www.vtsmts.com/kir

//www.vtsmts.com/?p=231

A https://puprie	nun com/2utal agin-E					triathlon
				(7) III (1) (1) (1)		Marine Marine 1711
onstant Contact Login 🧧	nttp://setupevents.co	SIGN IN	nttps://mail.googie.co.	PACES C	tri 9 nttps://runsignup.com	Virginia Maryland That 2
	~	SIGIVIN	SIGN OF	INCES C	LOBS TAKE THE TO	ON HELF
	RunSignUp	SERVICES	OW TO	PRICING	RUNNERS	CUSTOMER
	Y WARKS	Create		mana	ae	
	11 11 11 11					
		your r	ace	TFRE	E!	
				1989		
	<	Dogo dov	goulds			
					sier	
	The second s	Race day	couldi	e ea	sier.	
		Race day		e ea	sier.	
				CREA	sier.	
	-11	TARE THE TOU	JR	crea	RACE	
	-1	TARE THE TOU	к Л	ea: CREA	RACE	
	-	TARE THE TOU		CREA	RACE	
		TARE THE TOU	Find a Ra	CREA		
		TARE THE TOU	Find a Ra	CREA	RACE	
		TARE THE TOU	IR Find a Ra	CREA CREA ACE BEARCH	RACE	

Contact Contact Login © http://tungingue.com W Virginia Maryted Trat.	(https://runsignup.com/?autoLogin=F			ons triathlon
SERVICES HOW TO PRICING RUNNERS CUSTOME Already a Member? SIGN IN Password Forget Password? SIGN IN CONTINUE	😒 Constant Contact Login 😑 http://setupevents.co 👔 http://www.facebook 🍏 Twi	itter 🔿 SurveyMonkey - Log in M https://mail.goo	igle.co 🗋 http://www.virginiatri 🥓 https://runsignup.co	um 州 Virginia Maryland Triat 💈
Already a Member? SIGN IN E-mail Password Forgot Password? SIGN IN CONTINUE	RunSignUp		O PRICING RUNNERS	
E-mail Password Forgot Password? SIGN IN CONTINUE	3	Already a Member? SIGN IN	Not Yet a Member? REGISTER	
Password Password? SIGN IN CONTINUE		E-mail	E-mail	
Forgot Password?		Password		
SIGN IN CONTINUE		Forgot Password?		
		SIGN IN	CONTINUE	

You can search for the event on the Run Sign Up site or go back to the Web Page and click on the Register Button



3. Sign into Account

4. Click on the Register Box



down menu of the

event you would like

to participate in





12. If you would like to donate to the race charity you can do so here

Click Continue



A https://www.vtsmts.com/Kinetic-Tri-Registration			
		V C Q Sea	
Constant Contact Login 🖨 http://setupevents.co 👔 http://www.facebook 🎔 Twitter 🔿 SurveyMoni	key - Log in M https://mail.google.co [] http://www.virginiati Questions for John Doe	ri F https://rur	
	Please select your race category: Aquabike		
	Please list your race day emergency contact: Jane Doe		
	Emergency Contact Phone Number • 919-272-4561		
	Credit Card Information		15 Enter your cred
	First Name *	Last Name Doe	15. Enter your cred
			card info
	Address * 1234 Main St	Richmon	
	Country *	State *	
	United States	VA - Virg	
	Zip Code *		1 -
	23224		
	Card Number *	CVV (Care	
		Ent	er your credit card info here
	Expiration Date *		ici your create cara into nere
		11.2.17	
Card N	umber * CVV (16. Click on Confirm
Expirat	ion Date *		Payment
You car	a clear this transaction within 15 minutes. After that all sales are fi	inal and there are :	
	Confirm Payment: \$214.12 Back	Click	on Confirm Payment Here
	TRIATHLON		
Abrams		7	
Lid.		<u> </u>	
FNDODDHIN		ww	
ENDORPHIN FITTI			
	and Triathion Series I site design by LeGa Design Group		
© 2014 Virginia - Maryle	and Triathion Series site design by LeGa Design Group		
© 2014 Virginia - Maryta	and Triathion Series site design by LeGa Design Group		
@ 2014 Virginia - Maryla	and Triathion Series site design by LeGa Design Group		
© 2014 Virginia - Maryla	and Triathion Series site design by LeGa Design Group		
© 2014 Virginia - Maryl:	and Triathion Series site design by LeGa Design Group		
@ 2014 Virginia - Maryla	and Triathion Series i site design by LeGa Design Group		