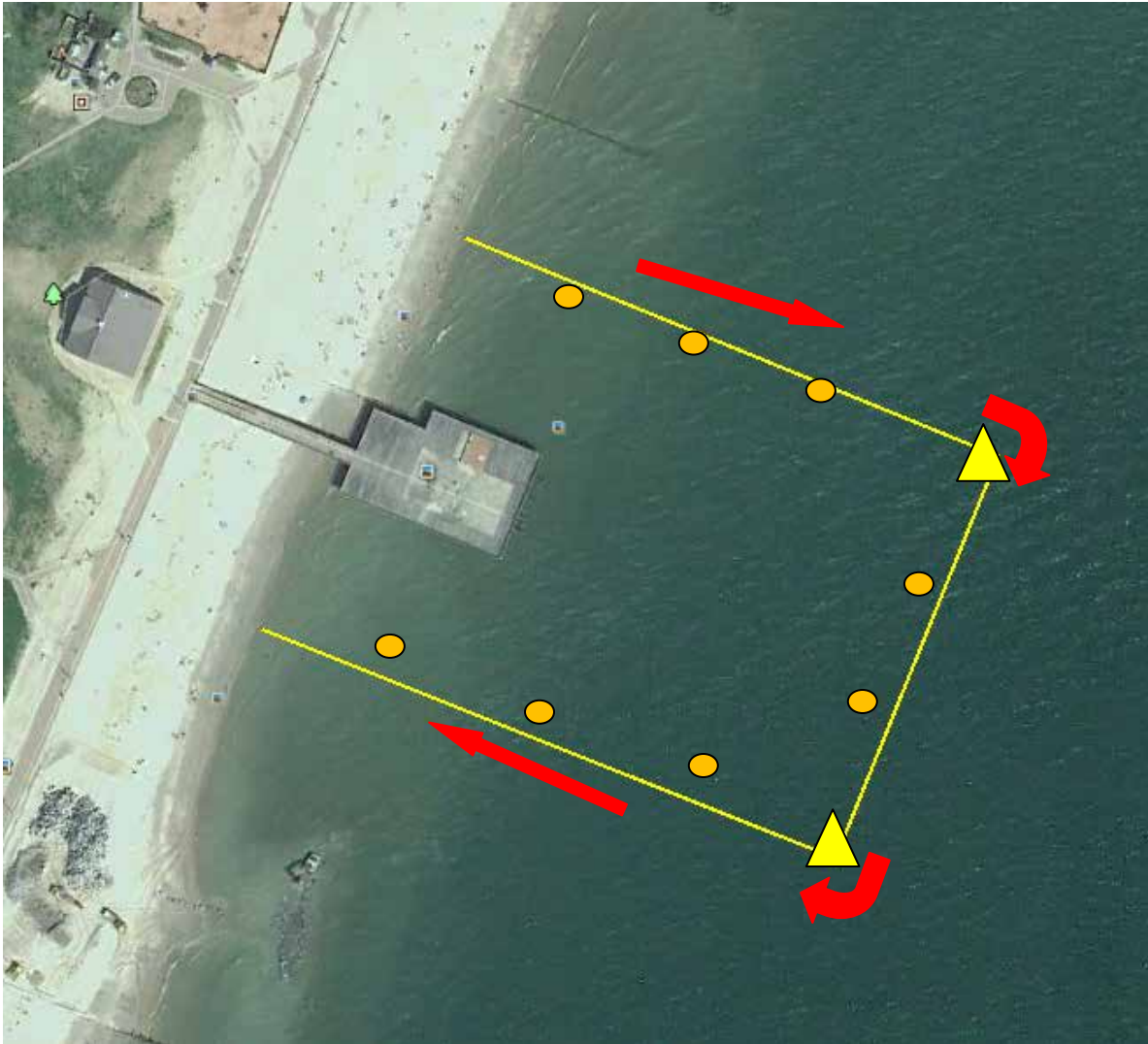
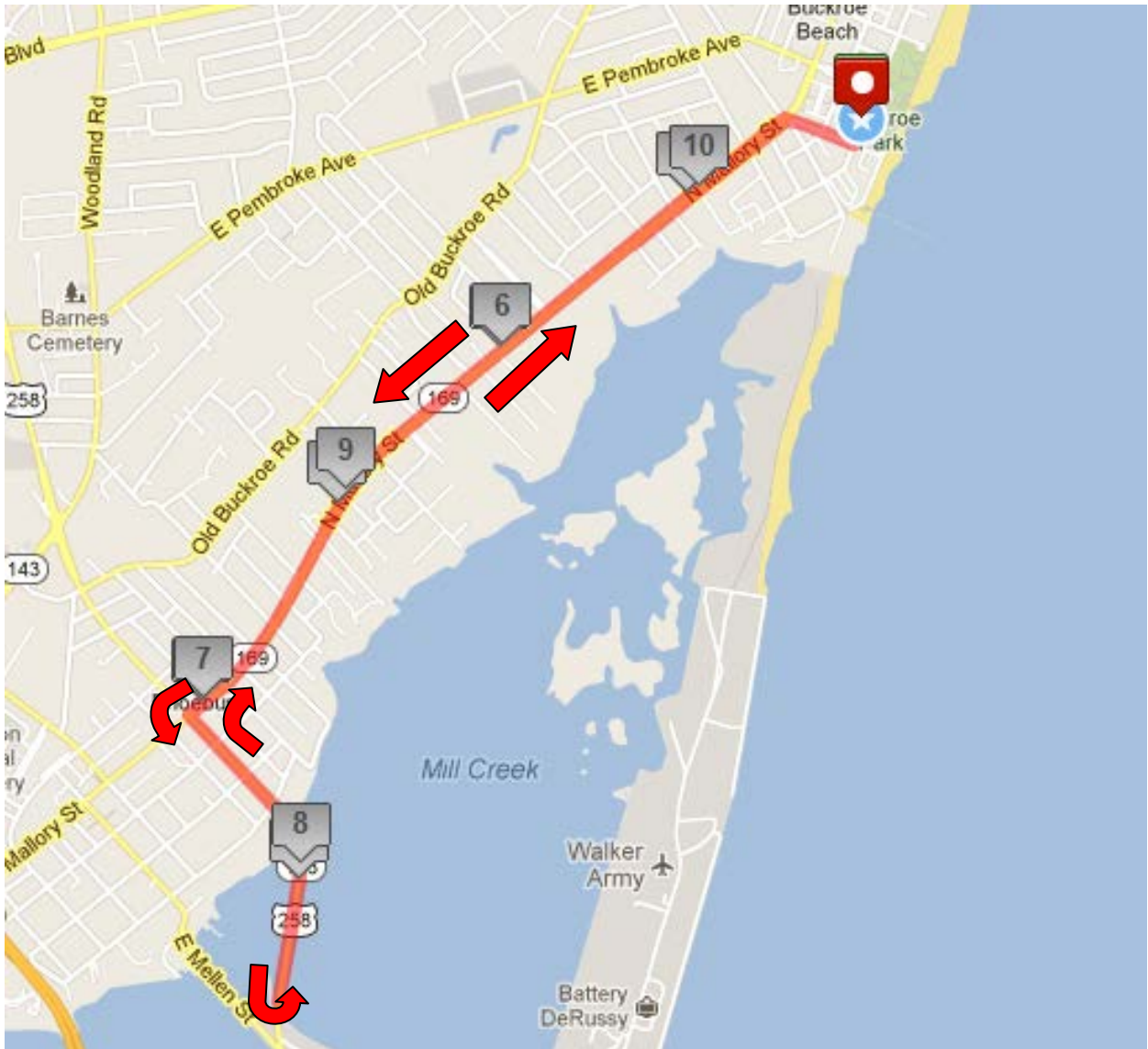


Tidewater Triathlon Swim Course_500 Meters



****Please note that the course direction may change due to currents****

Tidewater Triathlon Bike Course_10.5 Miles



Bike Course Notes: This course is closed to traffic as long as you ride inside the cones. At Mile 5.25 athletes will turn around at the intersection of Mallory and Point Comfort. At Mile 10.25 athletes will turn right on Point comfort to complete the bike course.

Tidewater Triathlon Run Course_3.1Miles

